

2007 EPC EUROPEAN POWERLIFTING & BENCH PRESS CHAMPIONSHIPS
22nd to 24th JUNE - BODY & MIND GYM, PORT TALBOT, SOUTH WALES

Gender M/W	Weight Class	Age Class	Age	Comp	Name	Nation	SQ 1	SQ 2	SQ 3	SQ 4th	BP 1	BP 2	BP 3	BP 4th	Sub. Tot.	DL 1	DL 2	DL 3	DL 4th	Total Result	Place				
					POWERLIFTING																				
					FLIGHT ONE																				
W	56	WM40+	41	P	Seabright Allison	GB	120.00	127.5wr			77.50	80wr			307.50	125.00	132.50	137.5wr		345wr	1st				
W	56	WM50+	51	P	Heindi Karin	AUT	90.00	100.00	105wr		40.00	45.00	47.5wr		152.50	90.00	100.00	107.5wr		260wr	1st				
W	67.5	WT15/19	19	P	Van-Huizen Tanja	HOL	125.00		135.00			65.00	70wr		205.00	115.00	125.00			330.00	1st				
W	67.5	WO	25	P	Bialostocki Adriana	GER	100.00	110.00			75.00	82.50			192.50	105.00	112.50	117.50		310.00	1st				
M	67.5	O	26	P	Gijsbertsen Lucas	HOL	175.00	190.00			150.00				340.00	170.00	190.00			530.00	1st				
M	67.5	O	38	P	Schumann Dirk	GER	190.00				122.50				312.50	195.00				507.50	2nd				
M	67.5	M40+	43	P	Willis Adam	GB	165.00	175.00	185wr		112.50	120wr			305.00	170.00	180.00	190wr		495wr	1st				
M	67.5	M50+	50	P	Heindi Martin	AUT	175.00				100.00	107.5wr			282.50	200.00	220wr			502.50	1st				
M	75	T15/19	17	P	Bosma Rene	HOL	165.00	175.00	185.00		100.00	105.00	110.00		295.00	150.00	167.50	175.00		470.00	2nd				
M	75	T15/19	19	P	Nicholas Kyle	GB	160.00	170.00	180.00		90.00	105.00			285.00	200.00	215.00	225.00		510.00	1st				
M	75	T15/19	16	P	Wilcox Zak	GB	120.00	130.00			60.00	70.00			200.00	140.00	155.00			355.00	3rd				
					FLIGHT TWO																				
M	75	M45+	47	P	Green Maurice	GB	200.00	220.00	240wr			137.50	145.00		385.00	200.00				585.00	1st				
M	82.5	J	20	P	Brain Arwyn	GB	160.00	175.00	185.00		120.00	130.00	135.00		320.00	170.00	180.00			500.00	1st				
M	82.5	O	38	P	Murphy Paul	GB	270.00				160.00	170.00			440.00	250.00	260.00	270.00		710.00	1st				
M	82.5	O	24	P	Wheatman Alex	GB		220.00			120.00				340.00	210.00	230.00			570.00	2nd				
M	82.5	M40+	44	P	Shipman Andrew	GB	220.00		240.00		155.00	165.00	172.50		412.50	230.00	250.00			662.50	1st				
M	82.5	M40+	40	P	Hough Lee	GB		190.00			125.00	130.00			320.00	190.00				510.00	2nd				
M	100	J	20	P	Donoghue Christopher	GB	190.00	295.00	229.00		135.00	142.50			362.50	190.00	200.00			562.50	1st				
M	90	M40+	43	P	Drury Dean	GB	275.00				170.00	180.00	185.00		460.00						Bombed				
					FLIGHT THREE																				
M	100	T15/19	15	P	Tickle Ben	GB	110.00	120.00	130.00		85.00	90.00	95.00		225.00	110.00	120.00	130.00		355.00	1st				
M	100	O	26	P	Derbyshire Wayne	GB	160.00	172.50	180.00		110.00	120.00			300.00	210.00	230.00			530.00	1st				
M	100	M40+	43	P	Beniston Philip	GB	250.00	270.00			185.00	195.00	205wr		475.00	225.00		235.00		710.00	1st				
M	100	M40+	43	P	Nicholas Geraint	GB	240.00	260.00	272.50		140.00		155.00		427.50	250.00	270.00	280.00		707.50	2nd				
M	100	M40+	43	P	Malfa Peter	GER	240.00	265.00	280.00		110.00	130.00	140.00		420.00	250.00	275.00	285.00		705.00	3rd				
M	100	M50+	53	P	Berghmans Peter	HOL	200.00	220.00			120.00	130.00	137.50		357.50	170.00	200.00			557.50	1st				
					FLIGHT FOUR																				
M	110	M40+	41	P	Bongers Peter	HOL	290.00		310wr	325wr	172.50	182.50	187.50		497.50	290.00				787.50	1st				
M	110	M40+	44	P	Becka Walter	AUT	165.00	172.50	180.00		132.50	137.50			317.50	165.00	180.00	185.00		502.50	2nd				
M	110	M45+	49	P	West Richard	GB	240.00		260.00		180.00		190.00		450.00	240.00				680.00	1st				
M	125	O	33	P	Griffiths Mark	GB	340.00	380.00	400wr		200.00	210.00	220.00		620.00	300.00	310.00			930wr	1st				
M	125	M40+	44	P	Fennema Ed	HOL	312.50	332.50			200.00	212.50	220.00		552.50	287.50				840.00	1st				
M	140	M45+	48	P	Holleitner Gerhard	AUT	190.00	205.00			140.00	150.00	160.00		365.00	200.00				565.00	1st				
M	140	M55+	59	P	Carter David	GB			325.00	345wr	172.50				497.50	295.00				792.50	1st				
M	140+	M45+	46	P	Fricker Richard	GB	250.00	300.00			170.00	180.00	195wr		495.00	230.00	250.00			745.00	1st				
					BENCH PRESS																				
					FLIGHT ONE																				
W	56	WM45+	46	B	Schmitt Britta	GER					42.50	47.50	50.00							50.00	1st				
W	56	WM50+	50	B	Heindi Karin	AUT					40.00	45.00								45.00	1st				
W	56	WM40+	41	B	Seabright Allison	GB					77.50	80.00	82.5wr							82.50	1st				
M	67.5	T15/19	16	B	Birring Gurnaik	GB					105.00	115.00	120.00							120.00	1st				
M	67.5	O	34	B	Davies Stephen	GB					92.50	97.50	102.50							102.50	1st				
M	67.5	M40+	43	B	Willis Adam	GB					115.00	120.00								120.00	1st				
M	75	M50+	50	B	Heindi Martin	AUT					105wr	110wr								110.00	1st				
M	75	O	30	B	Ives Johnathan	GB					122.50	130.00	135.00							135.00	1st				
M	82.5	O	29	B	Kostyantyn Ivaov	NIG						115.00	120.00							120.00	1st				
M	100	T15/19	15	B	Tickle Ben	GB					90.00	97.50	102.50							102.50	1st				
					FLIGHT TWO																				
M	82.5	M40	40	B	Rodiger Jorg	GER					140.00	145.00	150.00							15.00	1st				
M	90	M45+	48	B	Fischer Horst	GER					132.50	140.00								140.00	1st				
M	90	O	32	B	Matsykur Viktor	UKR															Bombed				
M	90	O	33	B	Krause Norman	GER						180.00	205.00							205.00	1st				
M	90	M40+	40	B	Hough Lee	GB					125.00	132.50	137.50							137.50	1st				
M	100	O	33	B	Wiemann Jorg	GER						190.00	200.00							200.00	1st				
M	100	M40+	43	B	Beniston Philip	GB					185.00	200.00	210.00							210.00	1st				
M	110	J	21	B	Koreng Thomas	GER					190.00	200.00								200.00	1st				
M	110	M40+	44	B	Brown Tony	GB					232.50									232.50	1st				
M	125	M45+	47	B	Fahner Jaap	HOL					195.00	210.00	220.00							220.00	1st				
M	140+	O	34	B	Rees Jason	GB					307.50									307.50	1st				

Best Female Power Lifter Allison Seabright GB
 Best Teen/Jun Power Lifter Kyle Nicholas GB
 Best Master Power Lifter David Carter GB
 Best Open Power Lifter Mark Griffiths GB
 Best Bench Presser Jason Rees GB
 Best Power Lifting Team GB
 Best Bench Press Team GB