

**2006**  
**WORLD POWERLIFTING FEDERATION**  
**WORLD CHAMPIONSHIPS**  
**FOR**  
**POWERLIFTING & BENCH-PRESS**  
**LIMERICK, IRELAND**

From the technical aspect, there were far too many glaring anomalies at a World Championships that happened listed below:

1. **Use of talcum powder.** This substance makes the platform slippery and very dangerous to athletes on ALL three lifts. It is a banned substance and requires all athletes to be AGAIN made aware that, in being found using it is nothing short of disqualification. Only POOL CHALK is acceptable for thighs. For hands either resin or zinc oxide chalk.
2. **Illegal belts.** 11 belts that did not conform to the rules were rejected. One belt had padding, two loops, leather extending beyond the buckle and was more than 10cm wide. One after a world record, some referees still said good lift after kit check. This is NOT on. Lift is disqualified and if deliberate by athlete, disqualification of athlete. If not deliberate (at a World or European championships???) a warning worn again it will mean disqualification.
3. **Illegal bench shirts.** Athletes wearing bench shirts extending beyond the elbow joint. These are not legal, reject them and warn them of disqualification.
4. **Gloves.** These are not allowed on any lift. Athlete when warned sort to seek the clock to stop. This not on. When athlete called, lift has to be completed within one minute; any infringement is in the athlete's time.
5. **Lifting suit on Bench Press.** A number of athletes were wearing suits with the leg length was extending beyond mid thigh. This is not allowed.
6. **The list of athletes.** These should not be published in advance of championships weigh-in. Rules stipulate that, only a list be sent to WPF secretary.
7. **No classification.** Again! Two countries presented persons to weigh-in with NO age category, why? Minimum age is 15 at day of championships. NOT 14 years 10 months and x days.
8. **Entry data.** Some Countries failed to submit athlete's full first and last names, date of birth, age at championships, bodyweight class and category. These are the basic requirements, anything less is a non entry.
9. **Record Discs.** One pair of 0.25 kg discs is NOT sufficient. You need at least four pairs of 0.25 kg discs. Or one pair 0.50 kg and two pair 0.25 kg discs.
10. **Athletes not entered.** Some athletes appeared in Bench Press Championships that had not been originally entry list, why? These are NOT acceptable standards, are they?
11. **Body-Weight Classes.** Again far too many class changes. This creates a nightmare for the Meet Director, MC and administration. Whilst the rules allows athletes to go up one body-weight class only. The question is, do we need to review how best to tackle this annual problem?

## **PROPOSED ACTION**

Referees and Officials within ones own Nation to take responsibility to sort the above lifting attire matters out in advance of International championships. We don't expect to see these types of issues in future WPF Championships.

### **REAFFIRMATION OF CAUSES FOR DISQUALIFICATION.**

- 1. Use of talcum powder.**
- 2. Deliberately dropping bar on any lift, including warm up area.**
- 3. Deliberate use of illegal equipment, suits, under suit, shirts, belts, knee and wrist wraps.**
- 4. Confrontational challenging the referee's decisions.**

### **KEY PERSONAL AT CHAMPIONSHIPS**

Master of Ceremonies, Time Keeper, Marshals, Platform Manager, Platform Crew, Referees & Technical Officer.

### **KEY PROCEDURES**

Weigh-in, Flight Schedules, Start times, Score Sheets, Athlete attempt cards and Keeping everyone informed of progress, breaks etc.

Robert Campbell  
Technical Officer  
WPF & BPO